

# STAR PUBLIC SCHOOL

Dear Parents,

Today's assignment ( class 2nd)

👉 **GK** - page no. 39 and 40 in book  
and notebook work.

3:01 pm



19.12.25

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Date :

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L-25

## Taste and Health

Q Tick correct option.

| Sr. no. | Name of food | Healthy food | unhealthy food |
|---------|--------------|--------------|----------------|
| 1.)     | Burger       | ✓            | ✓              |
| 2.)     | Idli         | ✓            |                |
| 3.)     | Milk         | ✓            |                |
| 4.)     | Pizza        |              | ✓              |
| 5.)     | Juice        | ✓            |                |
| 6.)     | Cake         |              | ✓              |



| Sr. No | Name of food | Healthy food | unhealthy food |
|--------|--------------|--------------|----------------|
|--------|--------------|--------------|----------------|

7.) Dal / Rice

✓

8.) Candy

✓

9.) Salad

✓

10.) French Fries

✓

11.) Eggs

✓

12.) Curd

✓



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Q2

Write 5 Healthy food.

cw

1.) Milk

2.) Salad

3.) Dal / Rice

4.) Curd

5.) Eggs

Q3 Write 5 unhealthy food

Ans 1.) Cake

4.) Burger

2.) French Fries

5.) Candy

3.) Pizza

Check  
19/12/25



# REVISION EXERCISE 5

A. Identify the following sportspersons.



1. Jyothi Summan



2. Neeraj Chopra



3. Emma McKeon



4. Cristiano Ronaldo



5. Parul Chaudhary

B. Answer the following questions.

1. Name the internal organ which sends blood around our body.
2. Name the internal organs which remove waste products from our body.
3. Name the internal organ which breaks down food for digestion.
4. Name the internal organs which help us in breathing.
5. Name the internal organ which helps us in thinking.

Heart

Kidney

Stomach

Lungs

Brain

C. Fill in the blanks.

1. A Air conditioner keeps our room cool.

2. A Refrigerator keeps our fruits and vegetables cool and fresh.

3. We wash our dirty clothes in a washing machine.

4. We bake our cakes and muffins in a oven.

5. We take our photos with a camera.

f. hush  
19/12/20



## 25 Taste and Health

Some of the food items given below are not healthy for eating every day. Label the following food items as healthy (✓) or unhealthy (✗).

