

STAR PLAY SCHOOL

Dear Parents,
Today's assignment

👉 **EVS - L-10**

👉 **Maths- L-6**

Home Assignment -

👉 **Revise for the oral test**

3:59 pm ✓✓

Know These Terms

- Ailment : A minor illness
 Antiseptic : Something that can prevent infection
 Soothers : Reduces pain or discomfort
 Culture : The ideas, customs, and social behaviour of a particular society
 Bland : Mild to taste with little or no spices

Let's Recall

- Food is essential to stay healthy, grow and get energy to do work.
- Both plants and animals are sources of food.
- Vegetables, fruits, cereals, pulses, oil and spices are all plant products.
- Milk, eggs, meat and honey are animal products.
- Our food habits depend on the place we live in, climate of the place, availability of food items, and our culture.

Quick Check

A. Write Yes or No.

- We get milk products from animals.
- Eucalyptus oil does not have medicinal value.
- Pulses have proteins that help to repair body parts.
- We get spices from honeybees.
- Wheat and rice are examples of cereals.
- We only depend on animals for food.

(Yes or No)

Yes
 No
 Yes
 No
 Yes
 No

B. Tick (✓) the correct answer. There may be more than one correct answer. (Correct Choice)

- People who live in coastal areas like to eat fish because _____
 (a) they are a good source of energy ☐
 (b) they are easily available ☒
 (c) they have medicinal value ☐
- Pepper, clove and turmeric are examples of _____
 (a) pulses ☐ (b) medicines ☐ (c) spices ☒

3. Neem, basil and eucalyptus leaves are useful because

- they are rich in proteins
- they have medicinal value
- they are a source of energy

C. Fill in the blanks with the correct word.

- Vegetables and fruits are nutritious (protective/starchy) food.
- Cereals are a good source of energy (proteins/energy).
- Pulses (Pulses/Spices) are essential for growing children.
- We get coffee from the beans (leaves/beans) of a coffee plant.

D. Answer the following questions.

- Give three examples to show that people have different food habits.
- Who are non-vegetarians? How are they different from vegetarians?
- What are spices? Why do we use them?

Let's Talk

Why is milk a complete food? Discuss in class.

Think and Tell

Name three things that are prepared using wheat and rice at your house.



LEARNING IS FUN

Class Survey

In the table below, write down what you and three of your classmates ate for yesterday.

You	Classmate 1	Classmate 2	Classmate 3

Now look at the table carefully. Did you and all your classmates eat the same food?

Skills • Interpersonal skills •

(c) 11/9/24

L-10

Q-1

Give three examples to show that people have different food habits.

Ans: People stay in coastal areas eat a lot of sea food.

• South Indians eat Idli dosa umpa and sambhar.

• Punjabi eats makki ki roti, lassi, dal, and sarso ka, saag

Q-2 Who are non Vegetarians? How

are they different from
Vegetarians?

Ans People who eat ~~meat~~ and egg
along with fruits and vegetable
are non vegetarians vegetarians
people eats fruits, vegetable
and milk products.

Q-3 What are ~~spices~~? why do we
use them?

Ans Spices are parts of some plants.

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We use them to add flavour,
aroma and colour to food.

Kuti
11/03

Good!

11.9.20

Q-1 A flower has 9 petals. If 3 fall down what fraction of petals fall down?

Ans $\frac{3}{9}$ $\frac{1}{3}$

Q-2 There are 15 paper clips in a box. 7 clips are silver and remaining paper clips are black. What fraction of paper clips is silver?

Ans fraction of silver clips $\frac{7}{15}$

Q-3 There are 20 pens in a box. Half of them are black. How many black pens are there in the box?

Ans

Ans no of black pens = Half of 20
 $\frac{1}{2} \times 20 = 10$

Q-4 Raghav has ₹ 32. He spends one-fourth of amount. How much money does he spend?

Ans Money he spend = one fourth of amount

$\frac{1}{4} \times 32 = 8$

Q-5 Anu has 12 stamps. She gives one-third stamps to her friend. How many stamps does she give to her friend?

$\frac{1}{3} \times 12 = 4$